

**Teresa Welch  
Licensed Psychologist, LLC**

**CLINICAL INFORMATION FORM**

**Note:** If you were a patient here before, please fill in only the information that has changed.

**A. Identification**

**Today's Date:** \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone (Home): \_\_\_\_\_ Phone (Work): \_\_\_\_\_

Phone (Cell): \_\_\_\_\_ E-mail: \_\_\_\_\_

In Case of emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**B. Chief Concern**

Please describe the main difficulty that has brought you to see me: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**C. Treatment**

1. Have you ever received psychological or psychiatric or counseling services before?

\_\_\_No \_\_\_Yes If yes, please indicate:

When?	From whom?	For what?	With what results?

2. Have you ever taken medications for psychiatric or emotional problems? \_\_\_No \_\_\_ Yes

If yes, please indicate:

When?	From whom?	Which medications?	For what?	With what results?

Name: \_\_\_\_\_

**D. Relationships in your family of origin.** Please describe the following:

1. Your parents' relationship with each other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
2. Your relationship with each parent and with other adults present: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
3. Your parents' physical health problems, chemical use, and mental or emotional difficulties: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
4. Your relationship with your brothers and sisters, in the past and present: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**E. Abuse history:** \_\_\_\_ I was not abused in any way. \_\_\_\_ I was abused. If you were abused, please indicate the following. For kind of abuse, use these letters:

- P= Physical (such as beatings)
- S=Sexual (such as touching/molesting, fondling or intercourse)
- N=Neglect, such as failure to feed, shelter or protect you)
- E=Emotional; (such as humiliation, etc.)

Your age	Kind of abuse	By whom?	Effects on you?	Whom did you tell?	Consequences of telling?

**F. Present relationships:**

1. How do you get along with your present spouse or partner? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
2. How do you get along with your children? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

3. Your important friends, past and present:

Names	Good parts of relationships	Bad parts of relationship

G. Philosophy of Life

How important to you is your spiritual or religious life? \_\_\_\_\_

H. Chemical use

1. Have you ever felt the need to cut down on your drinking or drug use? \_\_\_\_\_ No \_\_\_\_\_ Yes
2. Have you ever felt annoyed by criticism of your drinking or drug use? \_\_\_\_\_ No \_\_\_\_\_ Yes
3. Have you ever felt bad or guilty about your drinking or drug use? \_\_\_\_\_ No \_\_\_\_\_ Yes
4. Have you ever taken a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (as an eye-opener)? \_\_\_\_\_ No \_\_\_\_\_ Yes
5. How much beer, wine, or hard liquor do you consume each week, on the average? \_\_\_\_\_  
\_\_\_\_\_
6. How much tobacco do you smoke or chew each week? \_\_\_\_\_
7. Which drugs (not medications prescribed for you) have you used in the last 10 years? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please provide details about your use of these drugs or other chemicals, such as amounts, how often you used them, their effects, and so forth: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I. Medical History

1. Your present height \_\_\_\_\_ weight \_\_\_\_\_ BMI (if known) \_\_\_\_\_
2. Have you had weight related issues in your life? \_\_\_\_\_ No \_\_\_\_\_ Yes If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_
3. Are you currently receiving medical care? \_\_\_\_\_ No \_\_\_\_\_ Yes If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. List the medications you have been prescribed and are currently using: \_\_\_\_\_  
\_\_\_\_\_
5. Do you experience any side effects from these medications? \_\_\_\_\_ No \_\_\_\_\_ Yes If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

6. Any surgeries/accidents/hospitalizations? \_\_\_ No \_\_\_ Yes If yes, please explain the type and your age at that time: \_\_\_\_\_

7. Have you previously been diagnosed with any physical developmental problems? \_\_\_ No \_\_\_ Yes If yes, at what age and what were the problems: \_\_\_\_\_

8. Do you currently have a special need and/or medical, physical or learning disability? \_\_\_ No \_\_\_ Yes If yes, please list: \_\_\_\_\_

9. Do you have any physical or health related problems I should know about? \_\_\_ No \_\_\_ Yes If yes, please explain: \_\_\_\_\_

**J. Legal History**

1. Are you presently suing anyone or thinking of suing anyone? \_\_\_ No \_\_\_ Yes If yes, please explain: \_\_\_\_\_

2. Is your reason for coming to see me related to an accident or injury? \_\_\_ No \_\_\_ Yes If yes, please explain: \_\_\_\_\_

3. Are you required by a court, the police, or a probation/parole officer to have this appointment? \_\_\_ No \_\_\_ Yes If yes, please explain: \_\_\_\_\_

4. List all the contact with the police, courts, and jails/prisons you have had. Include all open charges and pending ones. Under "Jurisdiction," write in a letter (F=Federal; S=State, Co=County, Ci=City) Under "Sentence" write in the time and the type of sentence you served or have to serve (AR=Accelerated or Alternate Resolutions, CS=Community Service, F=Fine, I=Incarceration, Pr=Probation, Po=Parole, O=Other, R=Restitution).

Date	Charge	Jurisdiction (F, S, Co, Ci)	Sentence (AR, CS, F, I, Pr, Po, O, R)	Probation/Parole Officer's Name	Your Attorney's Name

Name: \_\_\_\_\_

5. Your current attorney's name: \_\_\_\_\_ Phone: \_\_\_\_\_

6. Are there any other legal involvement I should know about? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**K. Educational Information**

1. What is your highest level of education and the year you completed it? \_\_\_\_\_

2. What was your primary course work or interest of study? \_\_\_\_\_

3. Do you have any disability as defined by The Americans with Disabilities Act? \_\_\_No \_\_\_Yes

If yes, please explain: \_\_\_\_\_

**L. Employment Information**

1. What is your current position? \_\_\_\_\_

2. List your work experience, your employer, positions, feelings about work: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Have you served with the military? \_\_\_No \_\_\_Yes If so, what branch, what assignment(s), what location(s) and what years did you serve? \_\_\_\_\_  
\_\_\_\_\_

**M. Other**

Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.***